



# SEAHAWK NATION NEWSLETTER

Term: Fall | Vol. 3  
Issue 2



WEEK OF August 28th - September 1st, 2023

This district newsletter is published weekly and sent home with pre-K - 5th grade students at FCS every Thursday.

## Key Dates

**MONDAY, August 28th** - Deadline to submit COM for August by 6pm | Kward  
Pre-K (VPK) - FAST Progress Monitoring 1 (UNTIL 9/15/23)  
3rd-8th Grade - STAR Reading & Math (UNTIL FRI., 8/25/23)  
I-Ready Diagnostic 1 - ELA and Math for grades k-8 (UNTIL FRI. 8/25/23)

**TUESDAY, August 29th** - KG - FAST ELA (All day)  
Director's Meeting (Recurrent)  
Xello Demonstration and Training 3/3 from 2:30 - 3:00 p.m.

**WEDNESDAY, August 30th** - 1st Grade - STAR Early Literacy 2nd Grade - STAR Reading (FAST ELA all day)

**THURSDAY, August 31st** - 3rd/4th Grade - FAST ELA  
Regular School Board Meeting at 5:00 p.m.

**FRIDAY, September 1st** - Nothing to note at this time.

**HEADS UP: MONDAY (9/4) is LABOR DAY (No School)**  
Everyone who buys a yearbook gets 2 free pages to personalize! And now through October 31st, yearbooks are 10% off! The regular price is \$65  
**Volleyball Fundraiser - Online Fan Cloth Store**  
(Open From Aug. 1 - Aug. 25, 2023)  
The class of 2024 is selling mums (flowers) to help with Senior Trip Until 9/30/2023  
Varsity Cheer is selling Krispy Kreme delivery will be 9/7.

FORTIFYFL IS A TOOL TO REPORT SUSPICIOUS ACTIVITY;  
SCAN THE QR CODE WITH YOUR CAMERA TO RELAY  
INFO TO APPROPRIATE OFFICIALS/AGENCIES.



## Sports

**MONDAY, August 28th** - JV/V Game @ FAMU HS @ 5&6 pm  
Cross Country Practice | 3:00 - 5:00 p.m.  
Middle School Volleyball practice | 3:00 - 5:00 pm

**TUESDAY, August 29th** - JV/V Volleyball Practice | 3:00 - 5:30 pm  
Cross Country Practice | 3:00 - 5:00 p.m.  
Middle School Volleyball practice | 3:00 - 5:00 pm

**WEDNESDAY, August 30th** - JV/V Volleyball Practice | 3:00 - 5:30 pm  
Cross Country Practice | 3:00 - 5:00 p.m.  
Middle School Volleyball practice | 3:00 - 5:00 pm

**THURSDAY, August 31st** - HOME MS Football Game VS.  
West Gadsden @ 6:00 pm  
JV/V Game @Rickards HS @5 & 6:30 pm  
Cross Country Practice | 3:00 - 5:00 p.m.  
Middle School Volleyball practice | 3:00 - 5:00 pm

**FRIDAY, September 1st** - Home football game VS. Vernon @ 7 pm or Listen to the Forgotten Coast Radio 100.5 FM. for live updates  
MS/JV/V Home Game VS. Community Christian @ 4, 5 & 6 pm  
Cross Country Practice | 3:00 - 5:00 p.m.

**SATURDAY, September 2nd** - Nights of Thunder XC FEST @Apalachee Regional Park (Evening Race - Time TBD)

**\*Be sure to check our website and Facebook for fundraisers and updates. Subscribe to our YouTube Channel: search Franklin County School District. Email mmartin@fcsdfi.org for district online features & Seahawk shout outs.**

## SEAHAWK SPOTLIGHT



Health Science Instructor,  
Casey Shiver



Franklin County School health science instructor, Casey Shiver, excitedly shares the latest growth in our medical program. Shiver says, "I'm happy to introduce my students to the exciting medical field...I already see many of my students excelling in their future medical professions."

Casey Shiver is a recent graduate of the nursing program at Gulf Coast State College. She is also a graduate of Franklin County Schools.

Shiver teaches a full slate of classes including Introduction to Principles of Biomedical Science, Allied Health Assisting, Health Science Anatomy & Physiology, and Health Science Foundations. During the spring semester, Shiver will work with students to help them prepare for CAPE industry certifications as Phlebotomy (CPT) and EKG (CET) Technicians. During the 2023 fall semester, students in the Health Sciences program will have the opportunity to earn the Phlebotomy and EKG Technician certifications along with certifications in Medical Administrative Assistant (CMAA), Certified Nursing Assistant (CNA), and CPR/First Aid.

Shiver says, "They will learn real-world skills such as how to take vital signs, administer an EKG, and numerous other techniques." (An EKG measures the electrical activity of the heartbeat.) Shiver says, "They have learned the importance of HIPAA and how to properly communicate with a patient. We had a day of using PPE equipment, practiced how to properly hand wash, and learned the difference between disinfecting and sanitizing with the help of liquid germicides and a black light. I am looking forward to the growth of our CTE medical program and equipping the students with the proficiency and skills to take into their future workplaces."

Further, Shiver expresses, "They all did very good! We have been going over Infection Control in class, so this was a fun activity for them to do that allowed them to apply their knowledge to skills." Great work, Seahawks! #WeAreFranklin #WeLoveToSeel

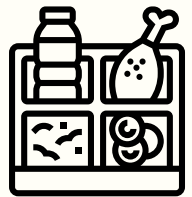
Students who are interested in taking classes in the Health Sciences program in the spring semester should speak with Franklin County School's guidance counselor, Melanie Copeland.

## HAPPY BIRTHDAY

August 27th - Brianna Gordon  
September 3rd - Michael Todd



ALL  
STUDENTS  
FREE LUNCH  
MENU



### Monday

WG Chicken Strips  
Max Sticks  
Marinara Sauce  
Fresh Celery  
Green Beans  
Fruit Choice

### Tuesday

WG Beef Nachos  
WW Soft Taco  
Black Beans  
Steamed Corn  
Salsa  
Fruit Choice

### Wednesday

Hamburger on WG Bun  
Spicy WG Chicken Sandwich  
Baked Beans  
Potato Smiles  
Fruit Choice

### Thursday

WG Beefy Mac  
WG Roll  
WG Corndog  
Sweet Potato Fries  
Collard Greens  
Fruit Choice

### Friday

Heavenly Pizza  
Roasted Broccoli  
Grape Tomatoes w/Ranch  
Fruit Choice