

RECOVERY FROM A DISASTER TAKES
TIME AND LOOKS DIFFERENT FOR
EVERYONE.

Project H.O.P.E. helps survivors identify their inner strengths and resiliency to help them:

- Prioritize Needs
- Navigate Community Resources
- Sort Through Their Thoughts and Feelings.

Project H.O.P.E. outreach workers are also Michael survivors. We are neighbors helping neighbors.

Everyone has a hurricane story. Your story matters.



Free and confidential, Project H.O.P.E. outreach workers come to you.

Call us at 800-342-0774

After Michael...do you feel overwhelmed or uncertain about the future? Are you worried about a friend or family member? Have you experienced headaches, appetite loss, insomnia, weight gain, or other physical symptoms? Is your child having trouble at school? Are you drinking more alcohol?



get in
TOUCH.

Call us at 800-342-0774, even if you just want to talk. It's confidential and free.



Project H.O.P.E. is funded through a grant by the Federal Emergency Management Agency (FEMA) and administered by the Substance Abuse and Mental Health Services Administration.

Call Us at 800-342-0774



Just like Hurricane Michael,
recovery follows its own path.
We're here to help.

PROJECT H.O.P.E

Disaster recovery doesn't follow a set schedule. Someone who cares and listens can make all the difference.



LISTENING



UNDERSTANDING



EDUCATING



CONNECTING

SUPPORT COMES IN MANY FORMS

It means the most when it comes from someone who cares. That's what Project H.O.P.E. does —our caring outreach workers provide free, confidential support, whether your needs are emotional, physical, or material.

It's normal to have strong emotions in reaction to a disaster.

Those feelings don't go away when the winds stop, the waters recede, and the debris begins to be carted away. That's often when the hard work starts.

That's why Project H.O.P.E is here now.

WE MEET YOU WHERE YOU ARE

We provide free, confidential services anywhere, including homes, businesses, schools, colleges, houses of worship, shelters, and community centers for anyone affected by Hurricane Michael.

Many still feel overwhelmed by the task of reclaiming their lives.

Move forward

Project H.O.P.E. helps you understand your emotional and physical reactions to the impact of the storm and learn about available resources that can assist you with your recovery.

WHO WE HELP

Businesses
Community Group Service
Organizations
Schools
Individuals
Families

HOW WE HELP

Always at no charge

INDIVIDUAL OUTREACH
INFORMATIONAL SUPPORT
COMMUNITY SUPPORT GROUP DEVELOPMENT
PUBLIC EDUCATION
COMMUNITY NETWORKING
SUPPORT RESOURCE LINKAGE
ASSESSMENT
REFERRAL

The support is free, confidential—there for you when you need it.

Project H.O.P.E.
Helping Our People in Emergencies

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